

GET THE FACTS ON KIDNEY DISEASE



Tarrant Nephrology Associates
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KNOW YOUR KIDNEYS

TWO BEAN-SHAPED ORGANS – EACH THE SIZE OF A FIST

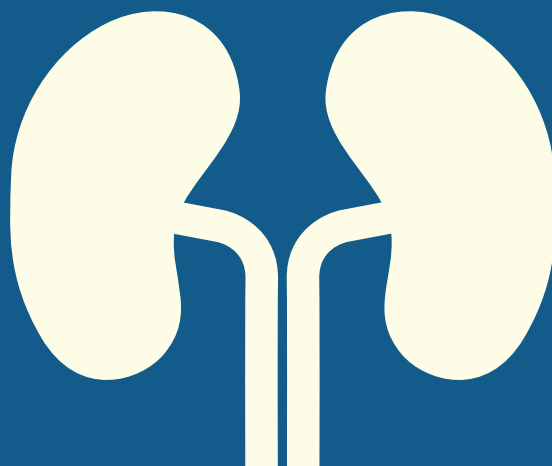
REGULATES BLOOD
PRESSURE



ACTIVATES VITAMIN D FOR
HEALTHY BONES



DIRECT PRODUCTION OF
RED BLOOD CELLS



FILTERS 120 – 150 QUARTS
OF BLOOD DAILY

REMOVE WASTE
PRODUCTS FROM THE BODY

BALANCE THE BODY'S
FLUIDS



KIDNEY DISEASE BY THE NUMBERS



MORE THAN **1 IN 10** (OR 26 MILLION) AMERICANS HAVE CHRONIC KIDNEY DISEASE (CKD)

MORE THAN
350,000
AMERICANS UNDERGO
DIALYSIS TREATMENT ANNUALLY



MORE THAN
100,000
PEOPLE IN THE US ARE
WAITING FOR A KIDNEY TRANSPLANT



HEART DISEASE IS #1 CAUSE OF DEATH FOR
PEOPLE WITH CHRONIC KIDNEY DISEASE

DIABETES AND HYPERTENSION (HIGH BLOOD PRESSURE)
ARE 2 LEADING CAUSES OF KIDNEY DISEASE



- EARLY DETECTION CAN HELP PREVENT THE PROGRESSION OF KIDNEY DISEASE
- PEOPLE AT HIGH-RISK FOR KIDNEY DISEASE SHOULD RECEIVE AN ANNUAL SCREENING

- 1 IN 3 AMERICAN ADULTS IS AT RISK FOR KIDNEY DISEASE
- DIET AND EXERCISE CAN IMPROVE OVERALL WELL-BEING AND HELP MANAGE BLOOD PRESSURE

2 SIMPLE TESTS CAN DETECT KIDNEY DISEASE



BLOOD TEST – GLOMERULAR FILTRATION RATE (GFR)



URINE TEST – ALBUMINURIA-TO-CREATININE RATIO (ACR)